



Lena Janes

Choreographer/Movement Director

View my reel here and click the links below to see clips!

(*denotes assistant position)

Head Over Heels

“Filthy Gorgeous” Fashion Show
Oneiric (Devised work)
 Sense and Sensibility
 Legally Blonde*

Maryland Ensemble Theatre
 The Den Theatre (PoorBoyRichTaste)
 Coastal Carolina University
 McDaniel College
 Coastal Carolina University
 (Asst. to Ashley Bachner)

Frederick, MD
 Chicago, IL
 Conway, SC
 Westminster, MD
 Conway, SC

Dance Nation

Rats!
 Go Fish!

Planet Claire:

A Sci-Fi Go-Go Musical

Eat the Mic

Steel Pier*

Coastal Carolina University
 Adventure Theatre M.T. Center
 Adventure Theatre M.T. Center
 Maryland Ensemble Theatre

Conway, SC
 Glen Echo, MD
 Glen Echo, MD
 Frederick, MD

Baltimore Theatre Project
 (Tell Baby Productions)
 Coastal Carolina University
 (Asst. to Adam Pelt)

Baltimore, MD

Conway, SC

Be More Chill

Disaster!
 Robin Hood: Occupy Sherwood
 Heathers the Musical
 The Rocky Horror Show*

Maryland Ensemble Theatre
 Academy of Fine Arts
 Academy of Fine Arts
 Maryland Ensemble Theatre
 Maryland Ensemble Theatre
 (Asst. to Bailey Sterling)

Frederick, MD
 Frederick, MD
 Frederick, MD
 Frederick, MD
 Frederick, MD

Carrie: the Musical
 The 25th Annual Putnam
 County Spelling Bee*

Maryland Ensemble Theatre
 McDaniel College
 (Asst. to Gené Fouché)

Frederick, MD
 Westminster, MD


EDUCATION

BFA Physical Theatre
 Coastal Carolina University

RELATED EXPERIENCE & SPECIAL SKILLS


- Advanced knowledge of tap, lyrical, jazz, ballet, musical theatre, contemporary, improvisational, & pointe dance

- Head Judge at Precision Arts Challenge national dance competition (2021-2022)
- Current passport
- Valid driver's license
- CPR and First Aid certified
- Instructional positions in dance and theatre (resume available upon request)
- Puppetry & object manipulation
- Commedia dell'arte
- Lecoq / mime / clown
- Viewpoints
- Mask

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